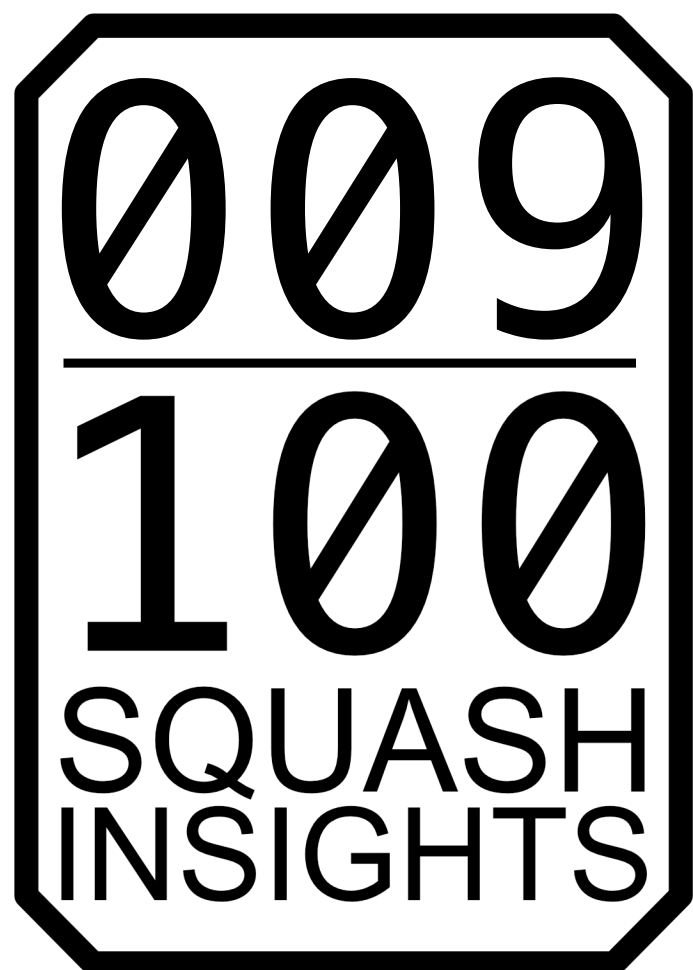




Highlight

The T isn't a point, it's a zone: an oval zone.

Adjust your position based on where your opponent is hitting the ball from.

Explanation

Beginners believe that the T is the exact join between the short line and half-court line.

Club players believe it is one step back from that point.

Smart players know that it moves depending on the court temperature, the court, the opponent and where they make contact with the ball.

On Court

Play conditioned games that allow boasts to be dropped or driven. This will encourage you to position yourself slightly further forward than normal when they are at the front.

Pay attention to their swing and your position. Over time, you can begin to adjust where you wait for their shots based on your "Thoughtful Experience".