004/100 SQUASH INSIGHTS

Highlight

Wash your balls.

In the washing machine.

With your sports clothes.

Explanation

A shiny squash balls will skid on the floor, making the bounce unpredictable.

Having non-slippery squash balls is important for consistent bounces.

You can buy devices that “scrub” the ball, or you can even rub them on carpets, but the simplest solution is to just add them to your sports wash.

On Court

Don’t wait for a ball to become shiny, smooth and covered in wall paint, stencil ink or wall plaster.

Add your squash balls to your washing every few plays. At 30 Degrees, the wash will not damage the ball, just abrase the surface enough to make them more consistent.

Try the device, carpet or even light sandpaper if you want, but honestly, I use the easiest method: the washing machine.